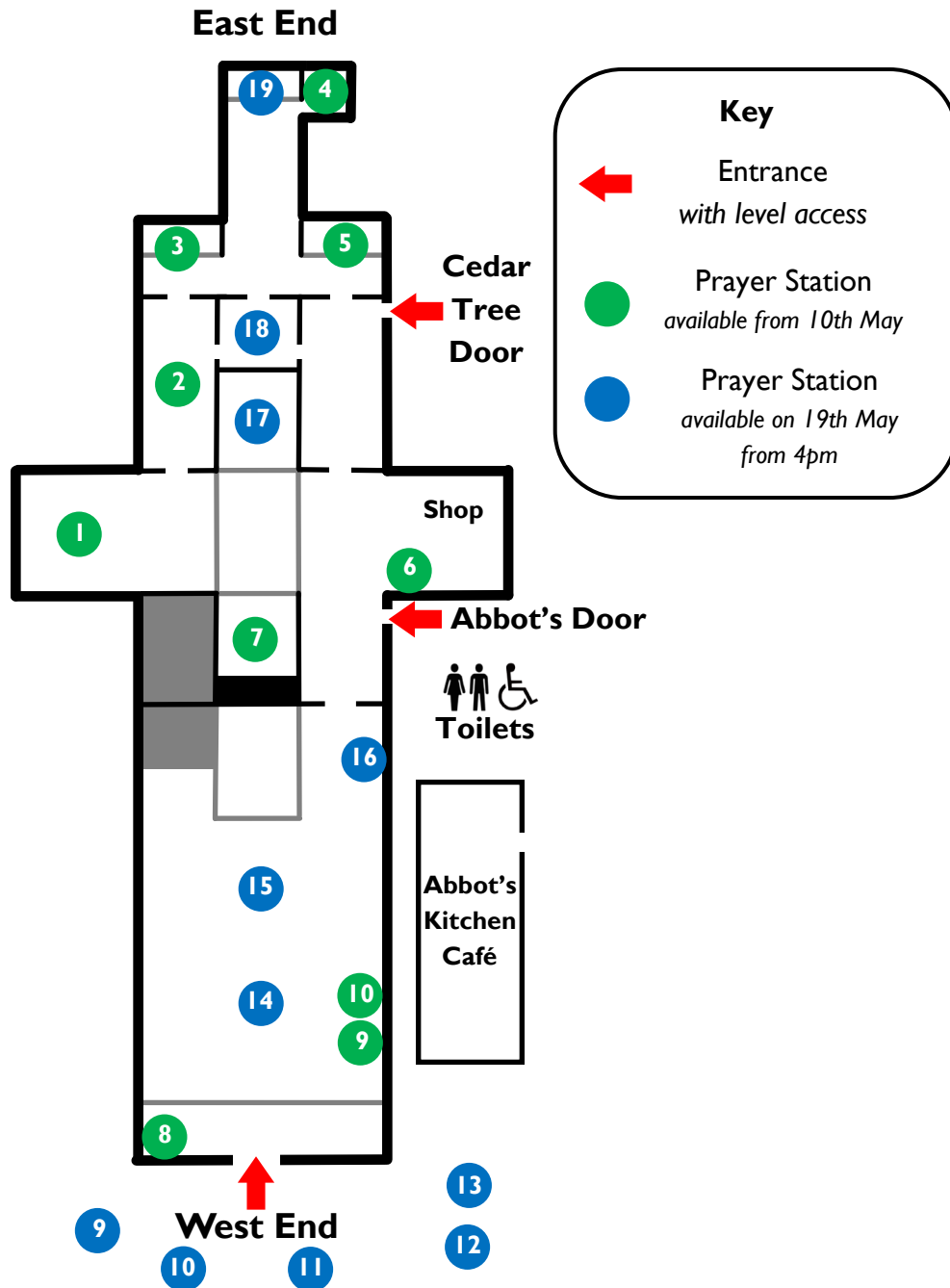
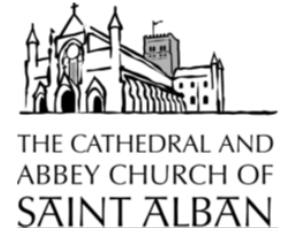
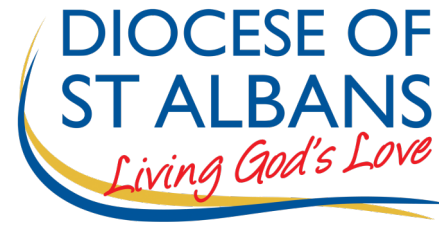


Cathedral Prayer Stations Map

Normal opening hours 8.30am — 5.45pm daily

See www.stalbanscathedral.org for more details



Join the global wave of prayer
10th - 20th May 2018

Prayer Station Guide



#TKCStA #Pledge2Pray

Prayer Stations Guide

In each of the following locations (*map over the page*) you will find prayer stations, with further resources to help you pray.



Stations particularly accessible to younger people

Available from Thursday 10th May — Sunday 20th May



1 Labyrinth North Transept

A journey of prayer



2 Dump the Junk! North Ambulatory

What rubbish do **you** have? Not at home, inside you! Take this opportunity to dump your junk and be free from carrying it all around.

Children's focused prayer station

Jigsaw prayers

Sensory Prayer Station

Sensory prayers based on *The Lord's Prayer*

3 Faith St Michael Chapel

Pray for faith even as small as a mustard seed to grow

4 Silence Chapel of the Transfiguration

This chapel is reserved for silent prayer

5 Signs Four Tapers Chapel

Pray for the places in our world where the Good News of God's kingdom is most needed; for people, places and the environment.

6 People for sale! South Transept

How much is a human being worth? Pray for those who are trapped in slavery today, many locally.

7 Forgiveness Quire

Reflect on the *Lord's Prayer* and God's forgiveness

8 Offer Nave

Allow your whole self to be caught up in God's love



9 Graffiti Board Nave/West End

A visual prayer station for #Pledge2Pray



10 Prayer Cards Nave/West End

Fun themed prayer cards for you to write your prayer requests, especially for those taking exams this summer

Also available on Saturday 19th May from 4pm



11 Creative Confessions West End

A confessional space for young people



12 Parachute Prayers Orchard

Play and pray



13 Juggling Orchard

Prayers from a big top perspective

14 The kingdom is in your midst #Pledge2Pray Nave

Pray by yourself or with others gathering before worship at 6.30pm



15 The Welcome Prayer Station Nave

An activity based sensory prayer station for all abilities

16 Justice Nave

Pray for a just world

17 Pocket sessions Presbytery

TED talks to take away

18 Healing Shrine of Saint Alban

Come for laying on of hands and prayers for healing and anointing

19 Adore Lady Chapel

Watch and pray with Jesus in the presence of the Blessed Sacrament